



SGHS NEWSLETTER

email: strathfiegh-schools@det.nsw.edu.au

Phone: 9746 6990

Fax: 9746 3517



Upcoming Events

Week 6 B Term 2 2019

Term 2

WEEK 6

- **3 June**—Year 10 Mid Year Examinations
- **3-7 June**—Beautiful Minds— Years 9 & 10
- **5-7 June**—Year 7 Mid Year Examinations
- **5 June**— Science Club Excursion
- **6-7 June**— Girls in Property— Project Work

WEEK 7

- **10 June**— PUBLIC HOLIDAY
- **11 June**— MANDATORY Year 11 Parent Teacher Evening
- **11-14 June**—Beautiful Minds— Years 9 & 10
- **11 June**— Girls in Property— Presentation
- **14 June**— SE Cross Country Year 9 International Studies—Excursion
- **Plain English Speaking— Semi - Finals**
- **Senior TheatreSports Semi-finals**
- **15/6— Titration Competition**

NEXT P & C

Monday, 17 June 2019

SGHS Common Room—

Please enter via the GYM pedestrian Gate



On Monday, 27 May, a group of 25 Year 10 students, including myself, had the wonderful opportunity to conduct a site tour with *Lendlease* at Barangaroo. This was part of the 'Girls In Property' initiative that we are participating in this year.

We listened to inspiring talks from dynamic women in the property industry, which allowed us not only experience the different aspects of property industry, but also to appreciate the different opportunities available to women in property today.

We listened to an interview with Lord Mayor of Sydney, Clover Moore, and had opportunities to converse with women in industry. The insight we obtained from these discussions was invaluable, and allowed us to begin thinking about our future career options.

We concluded our day with a Girls in Property expo, in which we participated in various activities. We even won a Barangaroo monopoly board game for an innovative property idea we suggested!

This day inspired us all! It was a great day out, and it made us realise how large and exciting the property industry is. We are now very excited to begin working on our projects!

Livia Wang

ZONTA Citizenship Award

Emily Vulic of Year 11 received a Citizenship Award from Zonta Club of Sydney West on Tuesday, 28 May. Nominated students from each of the thirteen schools had to present a 3 minute speech on why they think they were nominated for the award. Their contribution to different initiatives at their schools was remarkable and every young woman represented outstanding and invaluable qualities. Emily spoke about her leading a wellbeing initiative with her grade in 2018 in regards to nutrition and eating disorders, and spoke about her passion for raising awareness of the importance of acknowledging and being attentive to mental health and wellbeing. Congratulations to Emily for receiving this prestigious award.



CONGRATULATIONS TO OUR AWARD WINNERS FOR 2018-2019

NOSRAT FAREHA
SAMIA HAMMOUD
HIBA EL-AYOUBI
SARINA ABDALLAH
EVE BYRNE
HARMONY JADE WILTON
NOURAH MANGERAH
YASMINE AL ALI
BREE CAVANOUGH
SARAH JOMAA
EMILY VULIC
NAWIDA SUTAN
KASHFI MANNAN

Auburn Girls High School
Bankstown Girls High School
Bass High School
Birrong Girls High School
Canterbury Girls High School
Chester Hill High School
Concord High School
Condell Park High School
East Hills Girls Technology HS
Kingsgrove High School
Strathfield Girls High School
Strathfield South High School
Wiley Park Girls High School

MISSION

Zonta International is a leading global organisation of professionals empowering women worldwide through service and advocacy.

VISION

Zonta International envisions a world in which women's rights are recognised as human rights and every woman is able to achieve her full potential. In such a world, women have access to all resources and are represented in decision making positions on an equal basis to men. In such a world, no woman lives in fear of violence.

THEME

Empowering women through service and advocacy.

PROGRAM

Welcome and Zonta Protocols
Induction of Vasileia Petrakis as a member of Zonta Sydney West

ENTREE

Presentations to Award Sponsors
Honorary Membership – Pamela Ploughman
Z.I. Service Certificate – Heather Dixon

MAIN COURSE

Citizenship Awardee Speeches
Presentation of Awards
Appreciations

APPRECIATION to our Citizenship Award Sponsors

Bankstown Sports
Blue Illusion Burwood
Burwood RSL Club
Canterbury Hurlstone Park RSL Club
City of Canterbury Bankstown Council
Focus Home Care
Fairfield RSL Club
Nail Central
Padstow RSL
Panania Diggers
Sydney Metro Airports



In appreciation to Bankstown Sports for their Sponsorship of this Awards Dinner.

ZONTA BLESSING

Whatever your country of birth, whatever your faith or creed let us give thanks for the meal we now share in Zonta fellowship

Let us remember those who do not enjoy our high living standards and those who are denied the personal freedom we cherish.

May we through our Zonta service, work for the improvement of health, human rights and world harmony.



ZONTA
CLUB OF
SYDNEY WEST INC
MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

ZONTA CLUB OF SYDNEY WEST YEAR 10 CITIZENSHIP AWARDS

BANKSTOWN SPORTS
28th MAY 2019



ZONTA SYDNEY WEST
YEAR 10 CITIZENSHIP AWARDEES 2018-2019

Chinese Eisteddfod

Saturday 25 May 2019 was the big day for our Sydney Chinese students who have been all being practising for: the National Chinese Eisteddfod, a day where different schools compete against each other participating in groups reciting a Chinese poem before an audience and judges. Schools and individuals are judged on their pronunciation, how well they say the poem together and their emotion while saying the poem.



Strathfield Girls High School has a long history of winning this fierce competition in different categories. Several groups and individuals from Year 7 to Year 11 in our school entered the competition held at school hall on Saturday 18th and 25th May 2019. Our Year 9 Chinese group represented by Siyu Chen, Yueran Hao, Sally Liu, Selina Yang, Shiyang Wang and Emily Zhu distinguished themselves from their cohort, in the background speaker group for 13-15 age group.



The senior girls from Year 11 Chinese and Literature class had won the first prize in the background speaker group. There are Winne Chan, Diana Chen, Kelsey Gao, Luolin Li, Xinyi Lin, Maggie Qian, Christina Sun, Wing Wei, Monica Xu, Alive Yin and Sally Zhou.

In individual divisions, Zhirou Zhou and Shirley Liu from Year 10 Chinese class has won the first prize and second prize in individual 16-18 year group.

Isabel Liu in the Year 7 Chinese class also won the third prize in individual 10-12 year group.

Queenie Chen in the Year 8 Chinese class has won the top achiever prize in 13-15 year group.



Everyone from Strathfield Girls High School, the teachers, students and parents were beaming with happiness by the end of the day. Congratulations to all prize winners and all participants! Thanks to Ms Karen Li, Ms Angela Lee and Ms Fria Fan for making it all possible.

EVENTS

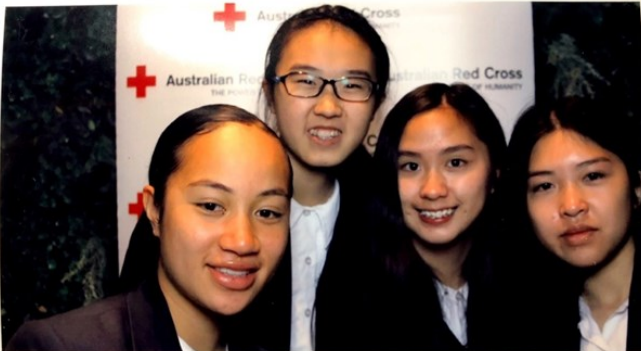
Red Cross Luncheon – SRC and Prefects

On Wednesday, 29 May, four SRC students in Year 11 and six prefects in Year 12 attended the rural recovery luncheon held by the Australian Red Cross St George District Branch at the Highline Venue, Bankstown. During the luncheon, guest speakers talked about the poor situation that the vulnerable Australians suffer and presented strong messages about humanity to encourage people to help improve their situations. During the activity, the choir “Sing Australia” performed on stage and lead several songs including the National Anthem. Apart from the delicious brunch, we had a photo booth set in the venue where we all took some fun photos.

Monica Xu, Year 11 SRC



the power of humanity AUSTRALIAN RED CROSS Proceeds to Red Cross' Disaster Relief Assistance & Recovery Fund To view online head to www.carlyroseweddingsandevents.com CARLY ROSE



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EVENTS

Dance Ensemble: Our Spectacular Audition

On Tuesday, 28 May, the dance Ensemble participated in an audition for Our Spectacular. Their item is called Latin Summer Nights and is inspired by the loud music, bright colours and fun atmosphere reflecting friends gathering during summer nights in Spain. We wish our Dance Ensemble best of luck as they wait for the results!



Vivid School

On Monday, 27 May, the Year 11 and 12 VET Entertainment classes attended the inaugural Vivid School at ICC Sydney. The day featured an insight into how Vivid is developed and a panel of industry professionals discussing their careers in projection art,

animation and light design. Our classes were also given the opportunity by Destination NSW to be involved in promotion material for the event. A news crew visited Strathfield Girls High School on Friday, 24 May to film practical activities led by our VET Entertainment students and interview a number of students.



REMINDERS!!

IMPORTANT NOTICE !!!

Parents are reminded of the school procedures for early leavers:

1. Parents are to send a signed permission note for the daughter to leave school early. The full name of the student, date and time of leave must be included.
2. The student must see their or any available Deputy Principal before Roll Call to gain permission to leave. Their note will be signed by the Deputy.
3. The student must then go to E 4 to the SASS Attendance Officer to have their leave processed on our electronic data base.
4. An electronic printout will be issued to the student who has to show this to her teacher at the time indicated on the printout. She is then permitted to leave class to meet her parents in the foyer.

Encourage your daughter to follow the school expectations.

Please do not arrive at the school to collect your daughter unless in cases of emergency/urgency.

NO STUDENT IS PERMITTED TO LEAVE THE SCHOOL WITHOUT SIGNING OUT.

IMPORTANT NOTICE !!!

Parents are reminded that while attendance is of utmost importance to the wellbeing and academic performance of your daughters, the school does not expect students who are sick to attend school.

If your daughter is vomiting or feeling dizzy or has a severe cold and flu, please **DO NOT SEND HER TO SCHOOL**. Please use your discretion and judgement in deciding whether your daughter is too sick to attend school.

Also, please ensure that you or your emergency contact is available to answer telephone calls from the school, and that one of you is able to collect your daughter if required.

Year 11 Parent Teacher Night

Save the date!

Please remember that if you have a daughter in Year 11, you need to attend the Parent Teacher Night on:

Tuesday, 11 June 2019

Marie Bashir Public School Hall

4 – 7 pm

Please book your interview times online as per instructions issued to Year 11 students.

Teacher advice is a valuable tool to assist you in supporting your daughter to improve her performance and achieve her personal best in the HSC Examinations.

Term 2 Week 5 Sports News

Grade Sport Result

Teams travelled by bus to their various venues to play in the Bligh Zone Grade competition.

SPORT	RESULTS	SCORE
7/8 Netball 1	Defeated Leichhardt 3	31-1
7/8 Netball 2	Defeated Leichhardt 1	10-8
7/8 Netball 3	Defeated by Leichhardt 2	13-16
7/8 Volleyball 1	Defeated by Strathfield 2	1-2
7/8 Volleyball 2	Defeated Strathfield 1	1-0
7/8 Volleyball 3	Defeated by Tempe 2	0-3
7/8 Soccer 1	Defeated Strathfield 4	9-0
7/8 Soccer 2	Defeated by Balmain 1	1-5
7/8 Soccer 3	Defeated by Tempe 1	0-1
7/8 Soccer 4	Defeated by Strathfield 1	0-9
9/10 Netball1	Defeated Leichhardt 1	36-2
9/10 Netball 2	Defeated by Balmain 2	9-14
9/10 Ultimate Vortex 1	Defeated by Balmain 1	1-7
9/10 Ultimate Vortex 2	Defeated by Balmain 2	9-10
9/10 Ultimate Vortex 3	Defeated by Strathfield 4	3-6
9/10 Ultimate Vortex 4	Defeated Strathfield 3	6-3

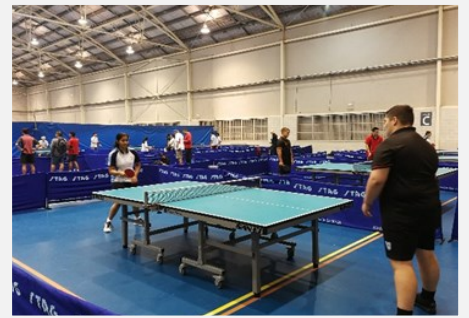
Players of the Week

SPORT	STUDENT
7/8 Netball	Viva McConnell
7/8 Volleyball	Joanne Tolentino
7/8 Soccer	Mariam Malki
9/10 Netball	Simran Tiwari
9/10 Ultimate Vortex	Selena Duong

Term 2 Week 5 Sports News

KNOCKOUT TABLE TENNIS

Friday, the 24 May, 2019, embraced another Sydney East Table Tennis Knockout and brought some excitement to the students attending the competition on behalf of Strathfield Girls High School at Sydney Olympic Park. Proudly representing our school and led by Mr Yang were those ping pong enthusiasts, Tien Nguyen, Indrani Chakravarty, Karen Xue, Angela Chelvan, Samantha Tse and Lucy Wu. They exhibited great team spirit and fought extremely hard against their opponents, both boys and girls, although they did not reach the final stage. There were times of close games when our number one player, Indrani, was on the brink of knocking out boys from other schools, thanks to her persistent training in and out school.



KNOCKOUT SOCCER

On Wednesday, 29 May, Strathfield girls took on Menai in the qualifying match for the semi-finals in the Sydney East Football Knockout. Our girls had been on quite the winning streak to make it this far, but knew competing against Menai would be no easy feat. The game started with great intensity from both sides and our defence was putting up quite the fight. Late in the second half, Menai was able to creep ahead by slotting a goal through the posts, shortly after they were in again. Going into half time 2-nil down, our girls still remained optimistic and composed. Strathfield came out fired up in the second half showing that they were not out of the match just yet. The stellar second half performance from our girls, even accompanied by a goal, unfortunately just was not enough to be



victorious, Menai grinding the game away to win 4 – 1. To our girls, you have done extraordinarily well to get this far and put in maximum effort each game, showing great teamwork, determination and sportsmanship. To our Year 12 students, you will be missed; however, our football future looks bright at Strathfield with some enthusiastic juniors making their way up.

Term 2 Week 5 Sports News

KNOCKOUT TENNIS

On 29 and 30 May, Strathfield Girls High school competed in the Sydney East Knockout Tennis. On the opening day of the competition, schools were divided into 3 pools. Players participated in a round robin format competition on Wednesday. Strathfield girls was in pool C with St George Girls and Port Hacking. Strathfield Girls finished top of their pool after beating Port Hacking 4 sets to 2 and losing a close match to St George Girls. On Thursday, Strathfield played Menai in the semi-finals where they tied 3-3 on sets but unfortunately lost by 2 games overall (27-25). Congratulations to the following students for making the semi-finals of the Sydney East Competition:

Jacobina Jansson Year 11

Nicole Pan Year 12

Sayoni Kumar Year 10

Marie Fadel Year 7

Keira Thai Year 7



Term 2 Week 5 Sports News

SPORT OF THE WEEK - SWIMMING

Year 7 and 8 students attend swimming at Enfield Pool for sport on a Tuesday afternoon. Students have been placed in groups determined by their ability and have been working on a variety of skills.



SGHS ATHLETICS CARNIVAL

The annual SGHS Athletics Carnival was on Thursday, 30 May at the Sydney Olympic Park Athletic Centre. Although cold, the day ran smoothly with numerous participants entering a variety of track and field events. This was reflected in the high points achieved by all Houses. The House and Vice House Captains are to be congratulated for organising their relay teams and increasing the spirit of the carnival. A big thank you must go to all the staff officials and to the student officials who assisted the staff at the events. A team will represent SGHS at the Bligh Zone Carnival on Friday 21 June. Results and photos to come in the next newsletter.

REMINDERS

BADMINTON

The badminton club on Wednesday is free and available to years 7 and 8 students only from 3:15pm 4:15pm (1 hour). If you are looking to start out at badminton then turn up and have a go!

FITNESS CLUB

A reminder that Fitness Club, led by a core group of fitness leaders from a variety of year groups, meet on Tuesday and Friday mornings at 8.00am in the Gym.

Term 2 Week 5 Sports News

Badminton Interschool Competition at Abbotsleigh School

Three of our teams from the badminton club have been training hard towards the badminton competition held at Abbotsleigh School last Sunday. Everyone had great fun playing against Ravenswood, Meriden, Abbotsleigh and Sydney Girls. This was a successful day with Division 1 and Division 2 teams each coming home with second place. Congratulations to our girls for their amazing effort.



Badminton at the King's School

Strathfield Girls High School was invited to the King's school to play against the boys and with the boys in mixed doubles and singles. Our girls enjoyed playing against students of the same level and also made new friends. Well done to students who gave up a part of the weekend to be involved in this.





headspace Parent/Carer Support Group

Join us for afternoon tea and connect with other parents and carers

MEETING: WEDNESDAY June 5th
TOPIC: Self-care for parents

TIME: 4:30pm at headspace Camperdown

please register your interest with our admin team or

email: [**headspace.camperdown@sydney.edu.au**](mailto:headspace.camperdown@sydney.edu.au)





headspace Camperdown
Parent Support Group
2019 Schedule

Date	Topic	Presenter
05/06/2019	Self-Care for parents	Amy Burton, Clinical Psychologist
03/07/2019	Oppositional Young Men	Mitch Dowling, Clinical Psychologist
07/08/2019	Alcohol and other drug use	Erin Kelly, Clinical Psychologist
04/09/2019	Body Image	Amy Burton, Clinical Psychologist
02/10/2019	Bullying	Erin Kelly, Clinical Psychologist
6/11/2019	Online Gaming/ Xmas break up	Sally Gainsbury, Associate Professor Co-Director, Gambling Treatment & Research Clinic



STAFF NIBS

News and Information Bulletin of SGHS

Monday 3 June, Week 6B

Day Events

- Yr9 Beautiful Minds Workshop 9am-3pm

Student Assessments

- Yr12 Entertainment Practical Assessment
- Yr10 Mid Year Examinations

Reminders

- Yr11 HS complete reports
- Wellbeing Network Meeting 2pm - Burwood Girls High School

Tuesday 4 June, Week 6B

Day Events

- SGHS ABA Training
- Emergency Drill Lockout P2
- Chalmers Road Mural - Teachers & Students
- Yr9 Beautiful Minds Workshop 9am-3pm

Student Assessments

Reminders

- Executive Meeting

Wednesday 5 June, Week 6B

Day Events

- After school Coding Club
- SGHS Badminton Club
- BZ Open Oztag
- SE Tennis Trials
- Science Club - Vital Science with Dr Karl
- Science Club Excursion - After school
- Mental Health Public Speaking Challenge
- Yr9 Beautiful Minds Workshop 9am-3pm

Student Assessments

- Yr7 Mid Year Examinations
- Yr12 Japanese Extension Assessment Task 2 (Text Analysis)

Reminders

Thursday 6 June, Week 6B

Day Events

- Yr10 Girls in Property Project Work
- HTA Study Day
- Yr9 Beautiful Minds Workshop 9am-3pm

Student Assessments

- Yr7 Mid Year Examinations

Reminders

- CPR and Anaphylaxis 3.30-5.30pm

Friday 7 June, Week 6B

Day Events

- SGHS Volleyball Training
- SE Table Tennis KO
- Business Studies Student Conference
- Yr10 Girls in Property Project Work

Student Assessments

- Yr7 Mid Year Examinations
- Yr12 Japanese Ext Assessment Task 2 (Speaking & Writing Skills)
- Task 3 Reading & Writing Exam - 7B & 7G

Reminders

- Wellbeing Team Meeting 8.00am
- Bligh Zone Meeting
- Yr11 DP checks and completes reports
- Yr9 Teachers complete reports
- Yr8 HTs complete reports