



SGHS NEWSLETTER

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Upcoming Events

Week 8B Term 1 2019

Term 1

WEEK 8

- **18-20 March**- Dance lessons continue— Years 7 & 8
- **19 March**— Sydney East Swimming Carnival
- **22 March**—Science Engineering Challenge

WEEK 9

- **25 March**—Year 7 Subject Information and P & C BBQ
- **25-27 March**- Dance lessons continue— Years 7 & 8
- **27 March**—Brain Bee Competition

WEEK 10

- **1-3 April**- Dance lessons continue— Years 7 & 8
- **4 April**—Year 7 Vaccinations
- **5 April**— Coffee Training Workshop

NEXT P & C

Monday, 13 May 2019

SGHS Common Room—

**Please enter via GYM
pedestrian Gate**

Chikushi Visit



Chikushi Jogakuen Junior High School visit Strathfield Girls High School each year and 2019 was no different. On 12 March, 39 students, aged 14-15 years, from Chikushi High School in Japan, immersed themselves in the school life of Strathfield Girls High School. The students were paired up with their buddies who, over the day introduced them to the world of an Australian public school.

On arrival, they were welcomed by Ms Abe, Ms Fan and the Head Teacher, Mr Liu before being introduced to our school and their buddies. Our senior Japanese students welcomed them in Japanese and the visitors were thrilled at their ability to speak the language so well. This was followed by a warm welcome from our Principal, Ms Lyris who encouraged them to dream big and strive to attain their goals. She also spoke about International Women's Day and encouraged them to be the bold women of the future.

Chikushi Visit

The Chikushi students shadowed their buddies to their classes, enjoyed a concert in which both schools performed and partook of the delicious morning tea and lunch prepared and served by the Year 11 Hospitality class. They were exposed to the English language and culture and the style of learning that takes place in Australian schools.

All students thoroughly enjoyed the experience. Many tears were shed by all the students, both SGHS and Chikushi HS when it was time to leave. Lifelong friendships were forged.

A big thank you to all the staff involved in organising the day and the students who participated . A special thank you to Ms Abe, Ms Fan and Ms Vassos.



Year 11 Visit Parliament House

On the 7 March, Maryam Mulla and I attended a women's leadership seminar at the Parliament House of NSW. We were addressed by six different empowering women whom all gave us guidance and knowledge to take on our journeys.

The first speaker was Maddi O'Grady-Lee who at only twenty-one she has started her own business focused on mental health, gone to university, attended international mental health and leadership seminars and was the first Australian to receive the Dalai Lama Peace Fellowship award. With everything, she told us the most important thing I took from it was simply to not give up and keep pushing yourself no matter what, even if you're scared or nervous because you should always be expanding your comfort zone every day even if it's just little by little.

After we heard from Maddi we listened to two female politicians, both of them in separate parties. We listened to Greens member Cate Faehrmann and Labour member Courtney Houssos. They both shared their experience of being a woman in politics and the unbalanced ratio of men and women which we are hoping can get to around fifty-fifty by the year 2020.

After they spoke we heard from three women who work in parliament house in quite male-dominated occupations. Renita Lee: Snr Manager Capital Works Program, Helen Johnston: IT Service Desk Team Leader and Vanessa Harcourt: Executive Chef. All three women came from different walks of life and all brought something different to the table. Renita Lee came from a family of eleven children and out of all of them she was the first to go to university. In her family, she was seen as a tomboy compared to her sisters who a lot more ladylike. Even with her families slight disapproval of her career choice she still studied hard and through the career chain she has gotten to where she is now.

Helen Johnston entered her profession at a later stage of life. Up until she was in her thirties, she was living in Ireland and working as a sports store manager until one day she wanted a change. She chopped and changed jobs until she realised she wanted to do IT. In her university class, she was the only woman and much older than the rest of her class, who were all eighteen-year-old boys. Vanessa Harcourt knew she wanted to become a chef since she completed Year 10 work experience. After her work experience, she became a kitchen hand and has been working hard in her industry ever since. She works with a women mentoring program where, as an executive chef, she is able to train and mentor new female chefs into the cooking and hospitality industry.

Even though all these inspirational women have come from different walks of life and have very different stories, their message was the same; ***don't let yourself be stopped because of your gender.***

As women, we are strong, resilient and powerful and we have to be able to never forget that.

Hannah Kirkpatrick Year 11



Other News



It is with deep sadness that we report the untimely passing of our former Maths teacher, Ms Gayle Gibson in a motor vehicle accident.

Gayle was an excellent teacher, compassionate Year Adviser and wonderful colleague who will be remembered for her dynamic personality, and dedication to her students and Public Education.

Our deepest condolences go to her family and friends.



It's difficult to forget someone who gave the world so much to remember.

Term 1 Week 7 Sports News

Grade Sport Result

Teams travelled by bus to their various venues to play in the Bligh Zone Grade competition.

SPORT	RESULTS	SCORE
7/8 European Handball 1	Defeated Leichhardt 3	10-6
7/8 European Handball 2	Defeated Tempe 1	9-8
7/8 Oztag 1	Defeated Balmain 1	5-4
7/8 Oztag 2	Defeated Tempe 2	4-2
7/8 Basketball 1	Defeated by Leichhardt 1	38-6
7/8 Basketball 2	Defeated by Tempe 1	35-2
9/10 Touch 1	Defeated by Leichhardt 1	2-5
9/10 Touch 2	Defeated by Balmain 1	3-10
9/10 Basketball	Defeated by Strathfield 2	21-22
9/10 Basketball	Defeated Strathfield 1	22-21
9/10 Volleyball	Defeated Balmain	2-1
9/10 Volleyball	Defeated Leichhardt	2-1

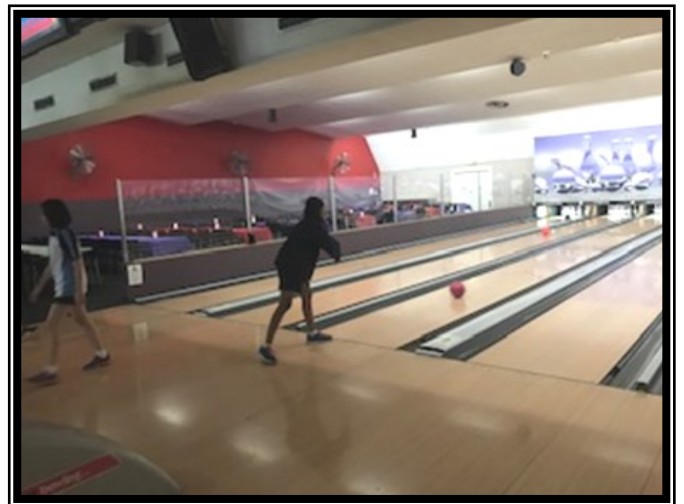
Players of the Week

SPORT	STUDENT
7/8 European Handball	Jade Luong
7/8 Oztag	Angie Mallett-Jackson
7/8 Basketball	Loriena Carrol
9/10 Basketball	Jesslyn Lo
9/10 Touch	Yazmin El Masri
9/10 Volleyball	Hiba Mahmoud

Term 1 Week 7 Sports News

Ten Pin Bowling

The girls can choose bowling as a sport in years 9-11. They have a great time developing hand-eye coordination skills and having fun as a group together.



WINTER GRADE SPORT

Trials were held on Wednesday and Thursday this week for Terms 2 and 3 Grade sport. A number of students participated in these trials enthusiastically, and teams were selected to represent Strathfield Girls HS in these competitions. They will begin in Term 2, Week 3.

Term 1 Week 7 Sports News

U15 Netball Knockout

On Thursday 14 March the U15 girls travelled to St George Girls to play their round 1 match. The team displayed excellent team work and applied fantastic effort only to fall short of victory. Special mention must go to Tarrynina who performed outstandingly well at centre. The girls will now look forward to future competitions in the year.



OPEN Netball

SGHS Open Netball team travelled out to Sylvania on Tuesday 12th March to compete in the Sydney East knockout competition. They worked well as a team, showing great determination in their round matches. Unfortunately they did not qualify for the semi-finals but there were some outstanding performances including Victoria Fourfouris who was tenacious in defence all day.

REMINDERS

BADMINTON

The Badminton Club continues every Tuesday and Wednesday after school until 4:45pm in the school gym. Any student who is interested is welcome. You do not need to have played before to join this club. So turn up and have a swing!

FITNESS CLUB

A reminder that Fitness Club, led by a core group of fitness leaders from a variety of year groups, meet on Tuesday and Friday mornings at 8.00am in the Gym.



STAFF NIBS

News and Information Bulletin of SGHS

Monday 18 March, Week 8B

Day Events

- Yr7 & 8 Dance Program (Hall) 9.30am-1.30pm
- Sydney East Football Trials

Student Assessments

- Yr8 History Assessment Task 1
- Yr10 Japanese Listening Task
- Yr9 English Assessment Task 1 - Speaker's Cup begins

Reminders

- Learning & Engagement Meeting

Tuesday 19 March, Week 8B

Day Events

- Yr7 & 8 Dance Program (Hall) 9.30am-1.30pm
- SE Swimming Carnival
- SGHS Badminton Training

Student Assessments

- Yr11 Standard English Writing Workshop

Reminders

- Executive Meeting

Wednesday 20 March, Week 8B

Day Events

- Yr7 & 8 Dance Program (Hall) 9.30am-1.30pm
- SGHS Badminton Training
- Sydney East Touch Football

Student Assessments

- Yr11 Physics Processing Task
- Yr9 Maths CT1
- Yr9 Chinese Assessment Task 1 Due
- Yr9 Commerce Research Assessment Task Hand in
- Yr7 Korean 1-ICT Assessment Task 1
- Yr9 Korean 1 - Assessment Task 1

Reminders

- Senior Executive Meeting
- Twilight Meeting - Mandatory Requirements 4pm

Thursday 21 March, Week 8B

Day Events

- Yr7 & 8 Dance Program (Hall) 9.30am-1.30pm
- SGHS Badminton Training
- Sydney East Touch Football

Student Assessments

- Yr12 Assessment Tasks to Print Room
- Yr11 Bio Practical Task
- Yr8 Chinese Assessment Task 1 Due
- Yr11 Chinese in Context, Chinese Assessment Task 1 Due
- Yr10 English Assessment Task 1
- Yr9 Korean 1 - Assessment Task 1

Reminders

- Faculty Meeting 3.00-4.30pm

Friday 22 March, Week 8B

Day Events

- SGHS Volleyball Training
- Yr10 Visual Arts & Visual Design Excursion
- Science Engineering Challenge

Student Assessments

- HSC Economics Assessment Task 2
- Yr7 Geography Assessment Task Field Work Report due
- Assessment Task Research Task - Hand in Task
- Yr9 Elective History Task 1 Due
- Yr9 International Studies Assessment Task 1
- Yr11 Chinese in Context, Chinese Assessment Task 1 Due
- Stage 5 - Geography Assessment Task 1 Due

Reminders

- Yr12 Reports to be uploaded available