



SGHS NEWSLETTER

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Week 5A Term 3 2018

Upcoming Events

Term 3

WEEK 5 (This Week)

- **Year 12 Trial Exams**
- **August 23 & 24**— HSC Dance Practical Exams
- **August 23**— Book Week Author Talk, Years 7 & 8

WEEK 6

- **Year 12 Trial Exams**
- **August 29**— Year 8 Gala day backup
- **August 29**— Year 10 Food Tech Excursion to Sydney Tower
- **August 30**— Year 11 Be Street Smart
- **August 31**—Year 7 & 8 premier's reading challenge ends

WEEK 7

- **Sept 3**— Year 7 English Incursion
- **Sept 6**—Year 10 Mental Health Speaking Challenge
- **Sept 6**— Year 12 Graduation Rehearsal— Assembly & P5
- **Sept 7**— Bligh Zone Badminton & Table Tennis
- **Sept 7**— Year 10 English Incursion

Next P&C Meeting

Staff Common Room,
Monday 10 September, 7pm

Message from the Principal

The 40 Hour Backpack Challenge!

SRC raise funds for refugees and displaced people.

The Backpack Challenge involves living the life of a refugee or displaced person by surviving with the basic contents which can fit into a backpack.

Watch this video which highlights the importance of the backpack challenge in which some of our wonderful students are participating to raise funds.

<https://www.40hourfamine.com.au/resources#videos>

A huge thank you to the team at SGHS who have already raised over \$1700 to support refugees in need around the world. A brilliant effort !

Please support Aleicia Chiu, Alekhya Immadi (Year 9) and Ashvita Sritharan (Year 7) to reach their target to raise funds for the backpack challenge. You can donate online. Click on the link below.

<https://www.40hourfamine.com.au/supporters/2641165>

Your generosity will make an immediate difference in the lives of so many refugees. Times for them are tough and relentless. LET THEM KNOW WE CARE AND WE SUPPORT THEM.

A big thank you to all who have already donated.



Ms Lyris

The 40 Hour Backpack Challenge

SRC raise funds for refugees and displaced people.

Globally there are 68.5 million refugees and displaced people, with more than half under the age of 18. This year, the SRC took initiative and fundraised for the **40 Hour Backpack Challenge**. At the beginning of Week 2 Term 3, recycling bins for plastic bottles and cans were placed around the school. The rubbish was weighed and exchanged for money. In Week 3, we organised a face painting stall on Multicultural Day. In Week 4, we organised a bake sale and a pyjama day. All the money raised then went to the challenge to support young refugees.



The 40 hour Backpack Challenge allows Australian youth to stand together with refugees around the world. It creates a bridge which allows us to support them and let me know we are with them. The Backpack Challenges involves **living the life of a refugee or displaced person by surviving with the basic contents which can fit into a backpack.**

Watch this video which highlights the importance of the backpack challenge in which some of wonderful students are participating.

<https://www.40hourfamine.com.au/resources#videos>

From the 17- 19 August 2018, four students from Strathfield Girls took part in the 40 hour backpack challenge. **Mia Arpas**, **Alekhya Immadi**, **Aleicia Chiu** of Year 9 and **Ashvita Sritharan** of Year 7, spent their weekend putting themselves in the lives of refugees. Participating in challenges, raising awareness and living out of a backpack, approximately \$1700 was raised!

Below are the links to their individual support pages:

Mia Arpas: <https://www.40hourfamine.com.au/supporters/2659713>

Alekhya Immadi: <https://www.40hourfamine.com.au/supporters/2640526>

Aleicia Chiu: <https://www.40hourfamine.com.au/supporters/2641165>

Ashvita Sritharan: <https://www.40hourfamine.com.au/supporters/2689303>



Your generosity will make an immediate difference in the lives of so many refugees. Times for them are tough and relentless. LET THEM KNOW WE ARE WITH THEM.

A big thank you to all who have already donated.

Ms Fawaz,

Ms Shalini &

The SRC

The 40 Hour Backpack Challenge

Student Response

In Week 5 Term 2, the SRC attended the World Vision Youth Conference at Luna Park, Milsons Point. Various schools attended and came to a large mass of 1000 students. Immersed in a one-day experience it was the goal for world vision to inspire and empower the young leaders of today. Encouraging us to become active global citizens; a voice for justice.

We were informed of the statistics and misconducts that arise when countries are to fall into war or crisis. With this information the SRC have been exposed to revelations about the world we live in. This conference was our inspiration to take part in the 40 hour backpack challenge.



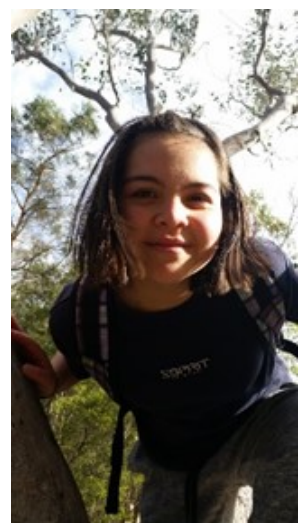
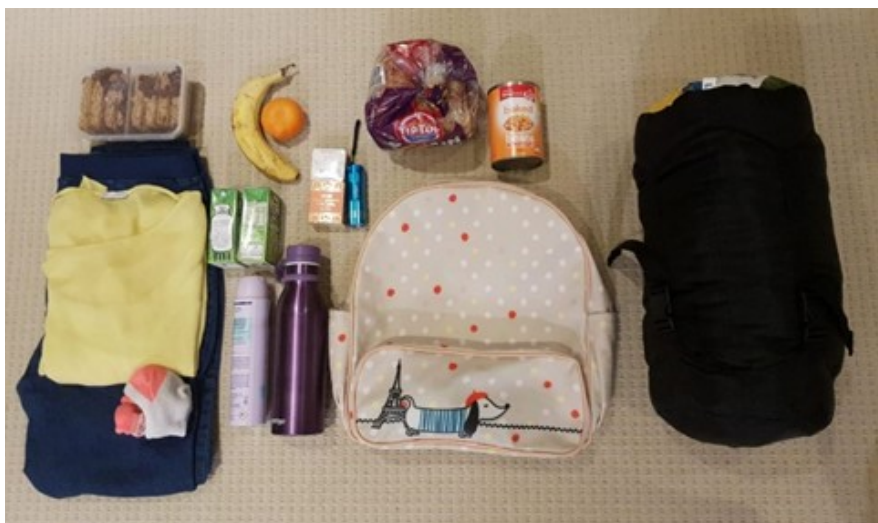
"The challenge made me realise how much we take things for granted, and how difficult it is for refugees to leave their homes. Hearing about their circumstances is one thing, but living their lives for 40 hours really gave me an insight of reality."

- Alekhya Immadi (14 years)

"Living out of a backpack for 40 hours was tough and I struggled to find comfort in anything. The days feel long and endless. Having to survive on a backpack whilst fighting for freedom everyday would be unimaginable. Refugees go without luxuries I often take for granted and need to be supported in times of need. This challenge allowed me to stand with them."

Mia Arpas (14 years)

By Alekhya Immadi and Mia Arpas, Year 9



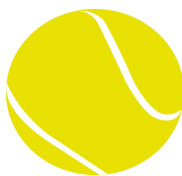
Week 4 Sports News

Grade Sport Result

SPORT	RESULTS	SCORE
7/8 Netball Team 1	Defeated Balmain 1	24-9
7/8 Netball Team 2	Defeated Leichhardt 3	17-12
7/8 Soccer Team 1	Draw Balmain 2	1-1
7/8 Soccer Team 2	Defeated by Tempe 2	0-3
7/8 Volleyball Team 1	Defeated by Tempe 1	0-2
7/8 Volleyball Team 2	Defeated Balmain 1	3-0
9/10 Netball Team 1	Defeated by Strathfield 2	21-9
9/10 Netball Team 2	Defeated by Strathfield 1	9-21
9/10 Soccer Team 1	Defeated by Leichhardt	1-4
9/10 Soccer Team 2	Defeated by Balmain	2-6

Players of the Week

SPORT	STUDENT
7/8 Netball	Ayushi Bhujel
7/8 Soccer	Rojin Ozel
7/8 Volleyball	Varshini Vishnumohan
9/10 Netball	Sayoni Kumar
9/10 Soccer	Renee Millar



GOLDEN GOAL SOCCER

The students participate in Golden Goal Soccer at the Strathfield Recreation Centre. They spend time developing their skills of passing, trapping, dribbling and goal kicking, although the golden goal is quite a challenge.



Week 4 Sports News

BLIGH ZONE OPEN NETBALL

The SGHS Open Netball team participated in the Bligh Zone competition on Wednesday, 15 August at Tempe Reserve.

The team won their games easily to advance to the final, in which, unfortunately, they were defeated by Sydney Secondary College – Blackwattle Campus.



YEAR 8 GALA DAY

All Year 8 students participated in the Bligh Zone Gala day on Wednesday 15 August. They competed against other schools in the zone in Netball, Soccer, Otag and European Handball. The day is about participation, developing skills and having fun. They were ably lead by Year 10 coaches.

Soccer



European Handball



Week 4 Sports News

Oztag



Netball



MARIE BASHIR PRIMARY SCHOOL VISIT

Students in Years 5 and 6 from Marie Bashir PS visited Strathfield Girls HS on Thursday, 16 August and participated in a variety of physical activities. They explored the school in an orienteering activity lead by our Year 8 and 10 PSC class leaders. They had to locate a range of letters to arrange into a sentence about the day and from the start, the race was on! The first two teams were the gold and green teams. They then played a warm-up game of 'Sea, Ship, Shore' before competing in teams in a tabloids activity. All students were fully active and had lots of fun trying to score higher than other teams. The ice block at the end was greeted by smiling but tired faces.



Week 4 Sports News

SYDNEY EAST ATHLETICS

On 8 August, Strathfield Girls had 17 competitors selected to represent Bligh Zone at the Sydney East Athletics Carnival. **Mohna Mahadevan** of Year 12 competed in the Sydney East Region Athletics Competition at Sylvania Water Athletics Track. She competed in the 17 Girls High Jump against 5 other competitors, placing 1st, jumping 1.60m.

We wish her all the best in the NSWCHS Athletics Championships in September.

Following is the team list and their events:

First Name	Surname	AGE	Event
Sasha	Devajana	16	100m
Kshiraja	Gomadam	16	100m, 200m, Relay, Long Jump
Victoria	Fourfouris	17+	Relay, Javelin, Discus
Mohna	Mahadevan	17+	100m, Relay, high Jump
Maxine	Wong	17+	400m,
Sharma	Deya	12	100m, long Jump
Jarvis	Tien	17+	100m, Relay
We- erasinghe	Chenuki	16	Relay
Sika	Molimoli	16	Relay, Javelin,
Jansson	Jacobina	16	Relay
Sika	Nancy	17+	Relay
Semu	Meilynni	13	Shot Put, Discus
Mansfield	Madeline	13	Shot Put
Barnard	Steff	15	Shot Put
Brooker	Kiahna	14	Shot put
Ampofo	Doreen	17+	Shot Put
Sithole	Tanatswa	17+	Shot Put