



SGHS NEWSLETTER

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Upcoming Events

Week 5A Term 4 2018

Term 4

WEEK 5

- **Nov 12-16**— Year 9 Examinations
- **Nov 12-16**—Year 10 Work Experience
- **Nov 13**— Year 12 Clearance
- **Nov 15**— Year 12 Formal Night

WEEK 6

- **Nov 21-23**— Year 8 Examinations
- **Nov 19**— Years 7-10 Clearance

WEEK 7

- **Australian Business Week**—Year 10
- **Nov 29**- Strathfield Council HSC Art Exhibition

Next P&C Meeting

**Staff Common Room,
Monday 12 November, 7pm**

SGHS COMMEMORATES REMEMBRANCE DAY

On Thursday, 8 November 2018, we came together to mark Remembrance Day which is on Sunday, 11 November. At 11 am on Sunday, 100 years ago, an armistice was signed and it was agreed among the world powers to stop the fighting and end World War 1. The rattle of the guns ceased and fell silent after more than four years of continuous, horrible warfare. The war was over at last!! People all over Europe were so happy! A moving poem, *Everyone Sang*, was recited by Ria Henriques:

Everyone suddenly burst out singing;
And I was filled with such delight
As prisoned birds must find in freedom,
Winging wildly across the white
Orchards and dark-green fields; on - on - and out of sight.
Everyone's voice was suddenly lifted;
And beauty came like the setting sun:
My heart was shaken with tears; and horror
Drifted away ... O, but Everyone
Was a bird; and the song was wordless; the singing will never be done.

The devastating war left about 25 million people dead, soldiers and civilians. Australia had been part of this war and we had more than 60,000 service men killed and 156,000 wounded or taken prisoner.

The significance of the red poppy was explained to students and the school choir sang a beautiful rendition of *In Flanders Field* before a minute of silence was observed and the Australian flag was lowered and raised while The Ilst Post and Reveille were played. Angela Ly played the trumpet beautifully before Saresha Mangalath recited The Ode.

They shall grow not old, as we that are left grow old:
Age shall not weary them, nor the years condemn.
At the going down of the sun and in the morning,
We will remember them.

Lest we Forget



REMEMBRANCE DAY



Student Contributions

Being 10 Reflection

Hi my name is Ashvita and I am going to tell you my experience in the Being Ten Program. When I was participating in the Being Ten program I thought I was a 7 because I thought there were many things preventing me from being a ten.

What I later learnt and realised is that there is nothing wrong about being yourself. You don't have to think it is a bad thing because being yourself is part of your personality and you don't have to change it for anyone. If people don't like your personality then you shouldn't change yourself for them because there are many people who would like you for who you are.

I also learnt that confidence, bravery, self-acceptance and standing up for your self are the keys to success. Because if you feel you have those inner qualities, there is going to be nothing that is going to stop you from reaching your goals.

After the Being Ten program, I felt like a 10 and I still do, I am not just a ten- EVERYONE IS AND ALWAYS WILL BE, but all you have to do is accept yourself and others for who they are.

As an SRC member I had to run the Being Ten program with some classes. It was a great experience going to different classes and seeing people with different types of opinions about themselves. The best part of running the Being Ten program was when most of the people came in to the program feeling like a 7,5,3 and walked out feeling like a 10. It was great to see people accepting themselves. I would like to thank the Ms Fawaz, Ms Shalini for involving the SRC in this wonderful program.

Ashvita Sritharan SRC Year 7

Japan Trip 2018

Japan is a wonderful place with beautiful sights to see. A brilliant place for students from Strathfield Girls High school to travel to for language and cultural education.

From the 26th September to the 8th October, 20 girls from Strathfield Girls High School embarked on an educational trip to Japan. Travelling to four different locations, Tokyo, Kanazawa, Kyoto and Osaka, we were immersed in modern and historical culture.

In Tokyo, we were shown modern Japan and had a chance to look at their innovative technologies. We also had the chance to visit Kaichi Nihonbashi High School who visit us each year for a cultural exchange program. They were hosting a Japanese Cultural Fair entirely organised by students, and we enjoyed visiting many stalls and performances.

Whilst in Kanazawa we visited a variety of places such as to shrines, markets, gardens and paper making. We had a wonderful time.

The third destination, Kyoto, had immersed us in rich tradition as the visited the Nijo castle, bamboo forest and many temples! Each girl had the opportunity to wear the traditional Japanese clothing (kimono) for an entire day. We all had great fun although we were very hot!

At Osaka, the last destination, we were offered a great opportunity to participate in a homestay experience. For two days and two nights we split into pairs and were immersed in a Japanese lifestyle. Everyone thoroughly enjoyed the experience and this was the highlight of our trip.

During the trip we recorded our experiences in a journal, issued by the school so that each girl could write our encounters to keep our memories alive for years to come. Ms Abe checked our journals to ensure that we were recording each day. Overall, the trip was a great success and each girl took home new knowledge whether it was in language or culture.

Mia Arpas, Year 9

Student Contributions

I'm Ellese Thai, in Year 10 and I have been a part of the Dance ensemble in 2016 and 2017. I was proud to have been selected to be a part of the **ONE ILL PROJECT 2018 ROUND 2**.

This project is a 11 week program created by the O'Neill twins (Brooke and Starce) to help dancers develop their technique and perform within Hip Hop dance. The key for this project was growth as a person and a dancer. This project gave dancers across Sydney, the chance to share their love for dance and learn how team work can make dreams a reality if we remain hungry for it, consistent and passionate.

The ONE ILL Project required long day and night trainings which totalled up to over 100 hours. All of these rehearsals lead up to the amazing production/ showcase, named ONE ILL NEWS on the 2nd of November. Also it gave the whole team the opportunity to be guest performers at the Australian Dance Festival.

I thoroughly enjoyed the experience and learnt so much from doing this program.

Ellese Thai Year 10

Macarthur Girls HS - SRC Junior Cluster

On the 30th October 2018, Ms Fawaz and some SRC students of Strathfield Girls High School attended the junior cluster at Macarthur Girls High School. It was a great opportunity for all SRC leaders from various schools to share their thoughts and ideas about the various events held at their school. We all had an amazing time meeting SRC students from other schools. Strathfield Girls High School would like to thank Macarthur Girls for inviting us to this phenomenal event. Thank you for giving us this extraordinary opportunity to share some of the things we do at our school. We look forward to passing on the ideas we exchanged to the rest of the SRC body.

Ashvita S & Jashan K, Year 7 SRC



Term 4 Week 5 Sports News

Grade Sport Result

Teams travelled by bus to their various venues to play in the Bligh Zone Grade competition.

| SPORT | RESULTS | SCORE |
|-------------------------|---------------------------|-------|
| 7/8 European Handball 1 | Draw Marrickville 1 | 5-5 |
| 7/8 European Handball 2 | Defeated by Tempe 3 | 1-4 |
| 7/8 Oztag 1 | Defeated Leichhardt 1 | 6-1 |
| 7/8 Oztag 2 | Defeated by Tempe 4 | 1-4 |
| 7/8 Basketball 1 | Defeated Strathfield 2 | 32-26 |
| 7/8 Basketball 2 | Defeated by Strathfield 1 | 26-32 |
| 9/10 Touch 1 | Defeated by Balmain 2 | 1-6 |
| 9/10 Touch 2 | Defeated by Leichhardt 2 | 0-4 |
| 9/10 Basketball | Defeated by Balmain 2 | 30-48 |
| 9/10 Basketball | Defeated by Leichhardt 2 | 18-44 |
| 9/10 Volleyball | Defeated by Balmain | 0-2 |
| 9/10 Volleyball | Defeated by Leichhardt | 0-2 |

Players of the Week

| SPORT | STUDENT |
|-----------------------|-----------------------------------|
| 7/8 European Handball | Maaia Yukutake-O'Neill |
| 7/8 Oztag | Jade Luong |
| 7/8 Basketball | Jegataruni Thiruchenthi- rajan |
| 9/10 Basketball | Indrani Chakravarty |
| 9/10 Touch | Jana Soueid |
| 9/10 Volleyball | Belle Heng |

Term 4 Week 5 Sports News

YEAR 11 CROSSROADS

The Crossroads Program was a wonderful success for 2018 with the Year 11 students participating with enthusiasm in all the components. The workshops were dynamic with many great insights from the girls, Bicentennial Park was awash with Strathfield Girls cycling through a range of challenges and the city didn't know what hit it when our students tore it up in the Urban Challenge. Big thanks must go out to all the teachers and helpers who made such an impact for the girls including Brent Sanders who was extremely engaging on the last day of the program as always.



Term 4 Week 5 Sports News

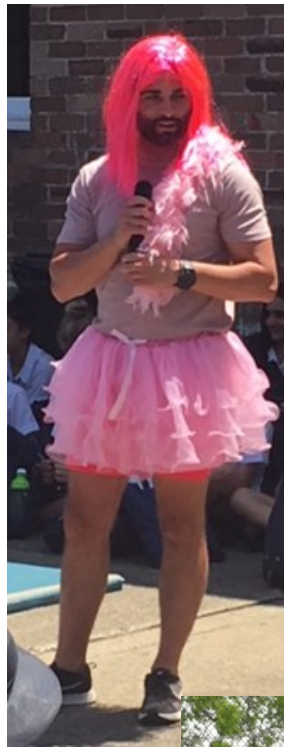
PDHPE ASSEMBLY

The recent PDHPE assembly was a fantastic success where Strathfield Girls proudly presented the McGrath Foundation with a cheque for \$3400 and heard from Samantha Burns about all the great things the money raised will achieve for people in our community.

A huge congratulations must go to the great team of girls from Year 10 PASS who organised the fundraising event. Mr Koulouris could not escape recognition for being such a great sport and dressing up in pink as a result of raising the most money to accept the challenge.

The following students were also recognised for their outstanding sporting achievements. Ananaya Sharma made the NSW U15 Cricket Team to compete in the National titles! Sophia Nolan recently won a gold band at State Gymnastics and placed third in the teams' Artistic Championships as well as competed in the National titles and Jacobina Jansson placed 2nd in the Sydney East Tennis titles!

It was also a beautiful treat for our audience to view the Year 9 Dance performance "Recovery" performed by Aleicia Chiu, Lilian Kunkler, Sherie Seeto.





STAFF NIBS

News and Information Bulletin of SGHS

Monday 12 November, Week 5A

Day Events

- Yr9 Examinations
- Year 10 Work Experience
- Years 7-10 students not receiving a full report to be identified and removed by KK

Student Assessments

Reminders

- P & C Meeting 7pm

Tuesday 13 November Week 5A

Day Events

- Yr9 Examinations
- Year 10 Work Experience
- Fitness Club - Xtreme 7.45am
- Yr12 Clearance Day 1pm

Reminders

- No Executive Meeting

Wednesday 14 November, Week 5A

Day Events

- Year 9 Examinations
- Year 10 Work Experience
- Yrs 8-12 Schools Spectacular Rehearsal

Student Assessments

Reminders

- Year 8 exams to the print room

Thursday 15 November, Week 5A

Day Events

- Yr9 Examinations
- Year 10 Work Experience
- STEAM Club
- Year 12 Formal
- Schools Spectacular Dance Rehearsals
- Yr11 Urban Challenge Assembly/Yrs7-10 English Assembly

Student Assessments

Reminders

- Faculty Meeting

Friday 16 November, Week 5A

Day Events

- Yr9 Examinations
- Year 10 Work Experience
- HSC Student Day Introducing Extension II
- Year 10 International Work Experience Excursion
- Prefects volunteer at Chalmers Road Spring Fair (Sat 17th Nov)
- Fitness Club - Xtreme 7.45am

Student Assessments

Reminders

- Yr7 teachers complete reports